REFRESHERS

A lightly caffeinated blended fruit mix. Infused with coconut water and green coffee bean extract.

Revive Star Passion Mango

Starfruit, Mango and passion fruit.

Replenish watermelon cucumber

Cucumber and watermelon, mint.

Recharge Dragon Elderberry

Renew Strawberry Acai

Dragon fruit and Elderberry

Strawberries and acai berries

SMOOTHIES

Muscle Mango

Mangoes, bananas. Boosted with immunity blend of zinc, vitamin c, selenium and echinacea.

Beast Mode Berry

Blueberries, strawberries, raspberries. Boosted with an antioxidant blend of acai, goji Berry, acerola and maqui berries.

Pineapple Boost

Pineapple, coconut, bananas. Powered with prebiotic fiber from gum acacia.

Strawberry Shred

Strawberries, banana. Boosted with antioxidant blend of acai, goji, acerola and maqui berries.

Peach Perfect

Peaches, banana. Boost with blend of Niacin, vitamin B6 and Ashwagandha extract.

Gym Rat Detox

Avocado, Kale, spinach, apple, kiwi, cucumber, pineapple, banana, lemon grass, spirulina.

Super fruit Power

Pomegranates, blueberries, Acai, Goji Berries and Guarana extract.

Tropical Fuel.

Papaya, Guava, Passion Fruit, pineapple, Mango, Aloe Vera, Orange juice.

Purple Hulk

Bananas, peanut butter, taro, cinnamon, oat fiber.

ADD *Almond Milk * Coconut milk ONS \$1 *Coconut Water

*Vegan Protein *Grass F *Collagen Protein

*Grass Fed whey

*Glutamine *Creatine *Chia *Peanut butter

SPECIALTY SMOOTHIES

Blue Aesthetics

Banana, mango, spirulina, chia, oat fiber, almond milk, Collagen Protein.

Chocolate Addict

Banana, peanut butter, cacao, almond milk, Grass fed protein, chocolate.

Wild Watermelon

Watermelon, dragon fruit, coconut, mango, collagen protein, coconut water. Powered with electrolytes, lycopene and L- citruline.

Pitaya Gains

Dragon fruit, strawberries, chia, almond milk, Collagen protein. Boosted with Acai, goji berry, acerola and maqui berry extract.

Matcha Fusion

Pineapple, mango, chia, matcha powder, Coconut milk, collagen protein.

Lemon Blush

Lemon, strawberry, hibiscus, coconut yogurt, Coconut milk, grass fed whey protein, organic chaga. Boosted with Polyphenols from hibiscus.

ACAI BOWL

Dragon Strong

Drizzle.

Base: Dragon fruit, banana, Mango. Spirulina chia pudding. Toppings: Banana, Goji, Granola, Coconut, Cacao nibs, Date syrup

Mighty Acai

Base: Acai, banana, blueberries, Chia pudding. Toppings: Strawberries, Blueberries, Granola, Almonds, Agave syrup drizzle.

B.Y.O.Bowl

Base: Acai or Dragon Fruit

Toppings 6: Strawberries, blueberries, Bananas, mango, Granola, chia, cacao Nibs, chocolate chips, white chocolate chip, coconut shavings, almonds, Goji, Hemp seeds, Almond Butter, Peanut Butter, nutella, pumpkin seeds, cranberries, Walnuts.

SPECIALTY SMOOTHIES



Cookies and Cream

Bananas, almond butter, cacao nibs, vanilla whey, almond milk.

Coconut Lover

Organic coconut, bananas, coconut flakes, coconut milk, coconut oil, grass fed whey.

Turmric Shield

Mango, banana, turmeric, ginger, organic Reishi mushroom, almond milk, grass- fed whey protein. Boosted with immunity blend of zinc, vitamin c, selenium and echinacea.

PB & J Flex

Strawberries, banana, Peanut butter, almond milk, grass-fed whey protein. Boosted with antioxidant blend of acai, goji, acerola and maqui berries.

Bueberry blast

Blueberries, Almond butter, grass-fed protein, banana, cinnamon, almond milk. Boosted with oat fiber.

Jacked Java

Organic espresso blend, grass-fed protein, Caramel, banana, cinnamon, vanilla, cinammon.

Acai Steel

Acai, strawberries, coconut milk, collagen protein, chia. Boosted with a natural fruit antioxidant blend of acai, goji berries, acerola and maqui berry extracts.

